

Monthly First Saturdays of Reparation

August 1st 2026 - Month dedicated to the Queenship of Mary

4th Luminous Mystery - **The Transfiguration** Mt. 17v1-8

(The 15 minute Meditation is integral to the full practice of the First Saturdays! It cannot be left out!)



The Transfiguration

And after six days Jesus took with him Peter and James and John his brother, and led them up a high mountain apart. And he was transfigured before them, and his face shone like the sun, and his garments became white as light. And behold, there appeared to them Moses and Elijah, talking with him. And Peter said to Jesus, "Lord, it is well that we are here; if you wish, I will make three booths here, one for you and one for Moses and Elijah." He was still speaking, when behold, a bright cloud overshadowed them, and a voice from the cloud said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples

heard this, they fell on their faces, and were filled with awe. But Jesus came and touched them, saying, "Rise, and have no fear." And when they lifted up their eyes, they saw no one but Jesus only.

Some thoughts from a spiritual father of the Oratory of St. Philip Neri

The Transfiguration is the moment when Our Lord discloses His divine glory on Mount Tabor. On that mountain, He confirms St. Peter's confession that He is the Christ, and that the Christ must suffer and die in order to "enter into His glory." The cloud overshadows the disciples and the voice of the Father declares, **"This is my beloved Son; listen to him."** For the disciples, this was both confirmation and preparation, - a glimpse of heavenly glory to sustain them through the darkness of the Crucifixion.

Our Lady is given the same mission to reveal her Son, just as in this mystery. By faith, she already contemplated this glory in her heart, having carried it in her womb and pondered it all her life. She is the first tabernacle of that Light, and she models for us the obedience of "listening to Him." This is why the Transfiguration was included by St John Paul II as the fourth Mystery of Light in the Rosary. The Luminous Mysteries trace how Christ reveals who He is, from the Baptism to Cana, the proclamation of the Kingdom, Tabor, and finally the Eucharist.

The consolation of the spiritual life is that we truly have a spiritual Mother in Heaven. Our Lady loves us and cares for us in ways we will never understand until we get to be with her in Heaven. We can be sure that she is full of loving concern for us. In the Litany to Our Lady of Perpetual Help, the response is, "Come to our aid, O Loving Mother." The Transfiguration, therefore, reminds us that we cannot stay on the mountain.

We receive the light so that, transformed and strengthened by sure hope, we can carry it down into the trials of daily life and even to the Cross, trusting, as Mary did, that the glory we have seen by faith will one day be fully revealed.

The Luminous Mysteries have been given to us in recent years. To fight the culture of darkness around us and sometimes within us. Are we praying, pondering, clinging enough to these mysteries? Are they helping us to fight the good fight in order to become children of light? Are they lifting up our hearts, our hope to keep climbing the mountain to find Christ and Him alone?

Suddenly, looking around the disciples no longer saw any one with them but Jesus alone ... In our spiritual life, we are blessed with “transfiguration moments”, they are good and we must welcome them with a grateful heart. Are we prepared to go down the mountain and be with “Jesus alone”? With little or without strong signs of Jesus’s divinity and glory? Are we accepting to journey in faith? And accept the Cross in our life?

The feast of the Transfiguration marks the beginning of a Novena to prepare for the glorious Assumption of Our Lady. Today, meditating on these Mysteries of Light, can we think of a special spiritual bouquet we want to offer to Our Lady for her feast? Daily Rosary, Holy Hours, a good Confession, daily Mass, daily Lectio Divina, Charitable Works...? Might we organise ourselves a transforming, transfiguring “home made retreat” for these 9 days?



**Two crucial Requests as an antidote for War,
for the prevention of the spread of Communism,
and for Peace in the World!**

The message of Fatima highlights for us that Russia cannot be converted, nor can there be peace in the world, without Consecration to the Immaculate Heart of Mary, and establishment of devotion to the Immaculate Heart of Mary through the practice of the First Saturdays of Reparation.

The Communion of Reparation on the First Saturdays, and the Collegial Consecration of Russia to her Immaculate Heart, led by the Holy Father in communion with all the Bishops of the world are the two crucial requests! One remains unheard, unpracticed and hardly known - the First Saturdays of Reparation!

If the Requests go unheeded!

Our Lady foretold what might happen if people did not convert and return to God - the tyranny of communism, that Russia would spread her evils throughout the world, that another War (World War II) could break out, that the good would be martyred, and that the Church would experience severe persecution. Russia it seemed was used as a symbol for all those who tried, and still try to eradicate God, through whatever atheistic systems and philosophies they can, to destroy the values of faith, the sanctity of marriage and family, and the sanctity of life from the moment of conception to natural death. Agendas which desecrate and undermine what it means to be truly human are at work.

Our Lord himself in 1936, said to Lucia, **“If they do not wish to heed my request, as like the King of France, they will repent and do it, but it will be late. Russia will have already spread her errors throughout the world, provoking wars and persecutions of the Church. The Holy Father will have much to suffer.”**

It is already late! Wars, persecutions of the Church, abortion and other anti life/anti life agendas and practices have been legalised in every nation.

The First Saturdays are crucial and integral to the PEACE plan of Heaven. This message requesting the First Saturdays is the great Crown of the June 13th and July 13th messages given in Fatima in 1917 to Lucia, Jacinta and Francisco in which Our Lady said she would come to ask for the Consecration of Russia to her Immaculate Heart, and the Communion of Reparation on the First Saturdays.

Act of Reparation

to the Immaculate Heart of Mary

Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart, surrounded with the thorns placed therein at every moment, by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart. We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offences with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen.

Hymn

Chorus: I will be with you wherever you go.
Go now throughout the world!
I will be with you in all that you say.
Go now and spread my word!

1. Come, walk with me on stormy waters.
Why fear? Reach out, and I'll be there.
2. And you, my friend, will you now leave me,
or do you know me as your Lord?
3. Your life will be transformed with power
by living truly in my name.
4. And if you say: "Yes, Lord, I love you,"
then feed my lambs and feed my sheep.

Saviour of the World, save us

Salvator mundi, salva nos.
Salvator mundi, salva nos.
Salva nos, salva nos.
Salvator mundi, salva nos.

Mary, Mother of God,

Mary, Mother of Christ,
Mary, Mother of all,
Queen of all the world.

Magnificat, Magnificat, Magnificat
anima mea Dominum. Magnificat, Magnificat,
Magnificat anima mea.
(My soul magnifies the Lord)

Fatima Prayers of Adoration & Reparation

1. O Most Holy Trinity, I adore You. My God, my God, I love You in the Most Blessed Sacrament.
2. My God, I believe, I adore, I hope, and I love You; I ask pardon of You for those who do not believe, do not adore, do not hope, and do not love You.
3. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.
4. O Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy mercy.
5. O Jesus, this is for love of You, for the conversion of sinners, for the Holy Father, and in reparation for the sins committed against the Immaculate Heart of Mary. (Jacinta added "the Holy Father").



Act of Consecration to the Immaculate Heart of Mary

Wisdom from Venerable Sr. Lucia

“And let us not waver or move away from the Church when we see imperfections in some of her members, because, individually, we are all weak and sinful. But the Church does not cease to be holy for all that: holy in her laws and in the doctrine entrusted to her by God, holy in her Head, Jesus Christ, her divine Founder and Saviour, holy in the divine Spirit which animates and helps her, and in the life of grace generated and nourished by the Sacraments.”

Venerable Sr Lucia said: “War and peace in the world depend on the celebration of this devotion (*the First Saturdays*) and the consecration to the Hearts of Jesus and Mary connected to it. Therefore I wished so much these were spread, and much more because it is the will of our good God and our beloved Heavenly Mother.”

Little Saint Jacinta said the following to Lucia, not long before going to the hospital in Lisbon where she died. Read them, as if these very words are being said to you in this moment!

“God grants us graces through the Immaculate Heart of Mary - When you are to say this, don’t go and hide! Tell everybody that God grants us graces through the Immaculate Heart of Mary; that people are to ask her for them; and that the Heart of Jesus wants the Immaculate Heart of Mary to be venerated at his side. Tell them also to pray to the Immaculate Heart of Mary for peace, since God has entrusted it to her. If only I could put into the hearts of all, the fire that is burning within my own heart, and that makes me love the Hearts of Jesus and Mary so very much.”

Please note that you need to be flexible and creative in how you use this Meditation text & Reflective Questions. The full text is helpful to individuals - however - if you are leading it amidst a group, for just 15 minutes, the leader will need to decide how much of it to use. It may be, that just the Scripture, short part of the meditation and the questions to ponder, be used, interspersed with silence. If you have longer than 15 minutes then divide the meditation up, interspersed with silence. It is important to allow silence to give the Lord the space to speak to each person’s heart. Where possible give each person a printed copy.

O Immaculate Heart of Mary, Queen of Heaven and Earth, and tender Mother of all, in accordance with thy ardent wish made known at Fatima, I consecrate to thy Immaculate Heart myself, my brethren, my country and the whole human race. Reign over us, Most Holy Mother of God, and teach us how to make the Heart of Thy Son, Our Lord Jesus Christ reign and triumph in us even as It has reigned and triumphed in thee.

Reign over us, dearest Mother, that we may be thine in prosperity and in adversity; in joy and in sorrow; in health and in sickness; in life and in death. O most compassionate Heart of Mary, Queen of Virgins, watch over our minds and our hearts and preserve them from the deluge of impurity which thou didst lament so sorrowfully at Fatima. We want to be pure like thee. We want to atone for the many sins committed against Jesus and thee. We want to call down upon our country and the whole world the peace of God in justice and charity. Therefore, we now promise to imitate thy virtues by the practice of a Christian life without regard to human respect. We resolve to receive Holy Communion on the First Saturday of every month and to offer thee five decades of the rosary each day together with our sacrifices in a spirit of reparation and penance. Amen.